



CHINESE MEDICINE HAS A RICH TRADITION OF USING STONES AS MEDICINE IN ADDITION TO HERBS AND ACUPUNCTURE. RYN HAS BEEN TRAINED BY DAOIST STONE MEDICINE EXPERTS INCLUDING DR. ROBERT GILBERT. DR. GILBERT WAS TRAINED BY DR. JEFFREY YUEN, AN 88TH-GENERATION DAOIST PRIEST FROM THE ANCIENT LINEAGE OF THE *JADE PURITY SCHOOL* WHICH DATES TO THE HAN DYNASTY, 206 BCE.

RYNCRAFT'S DAOIST STONE MEDICINE (DSM) ELIXIRS ARE MADE FROM NATURAL SPRING WATER WHICH HAS BEEN TRIPLE-INFUSED WITH ENERGETIC VIBRATIONS OF SPECIFICALLY SELECTED HIGHEST GRADE CRYSTALS &/OR STONES CONCENTRATED THROUGH MULTIPLE LAYERS OF PURE QUARTZ OVER A PERIOD OF TIME (BASED ON DESIRED STRENGTH/OUTCOME). SOME ELIXIRS HAVE ALSO BEEN ENHANCED BY MOONLIGHT OR SUNLIGHT. ELIXIRS ARE ALCOHOL-FREE (NO PRESERVATIVES ADDED), SO IF YOU PLAN TO STORE AN ELIXIR LONG TERM PLEASE KEEP IT SOMEWHERE COOL AND OUT OF DIRECT SUNLIGHT, SUCH AS IN THE REFRIGERATOR.

ALTHOUGH THERE ARE DEEPER ASPECTS OF THE EFFECTS OF CREATING OR DRINKING THE ELIXIR AT PARTICULAR TIMES OF DAY, THE MAIN GOAL IS TO CONSUME IT SEPARATE FROM EATING OR DRINKING ANYTHING ELSE SO THAT THE VIBRATION CAN BE ABSORBED WITHOUT MIXING WITH OTHER STOMACH CONTENTS.

INSTRUCTIONS: 1 DROPPER SHOULD BE HELD UNDER THE TONGUE FOR AT LEAST TWO MINUTES, 1-3 TIMES A DAY, OR AS NEEDED TO ACHIEVE THE DESIRED EFFECT. **BONUS:** DURING THE 2+ MINUTES, VISUALIZE YOURSELF IN THE DESIRED FUTURE STATE (HEALED,

ENHANCED, ETC). IF YOU HAVE TROUBLE VISUALIZING, USE YOUR OTHER SENSES - FEEL IT, HEAR IT, ETC INSTEAD!

HOLDING ELIXIR UNDER THE TONGUE FOR A FEW MINUTES BEFORE SWALLOWING ALLOWS YOU TO ABSORB THE VIBRATION MORE FULLY. IT IS ALSO POSSIBLE TO CREATE THE DAOIST "MICROCOSMIC ORBIT" BY TOUCHING THE TIP OF THE TONGUE TO THE ROOF OF THE MOUTH (OR ALTERNATIVELY, DIRECTLY WHERE THE TOP FRONT TEETH MEET THE GUMS) WHILE HOLDING THE ELIXIR UNDER THE TONGUE OR IN THE MOUTH, WHICH CREATES AN IMPORTANT ENERGETIC CIRCUIT IN THE BODY AS YOU ARE ABSORBING THE VIBRATION. THIS ALSO HELPS THE VIBRATION OF THE ELIXIR MOVE UPWARD TO THE HIGHER HEAD CENTERS.

ALTERNATIVE USES: DSM ELIXIRS CAN ALSO BE USED IN MISTS OR SPRAYS, GIVEN TO PLANTS, ADDED TO PET WATER BOWLS, MADE INTO ICE CUBES, ADDED TO CLEANING SOLUTIONS, ETC - JUST LIKE REGULAR WATER.

SOME ELIXIRS SERVE MULTIPLE USES AND CAN BE USED IN DIFFERENT WAYS, SUCH AS THE **ANXIETY, HYPERTENSION AND SCAR FADING** ELIXIR (TAKE ORALLY FOR ANXIETY OR HYPERTENSION, APPLY TOPICALLY TO HELP SCARS FADE, APPLY TOPICALLY TO HELP BREAK UP CELLULITE, OR GIVE TO PLANTS TO ENCOURAGE GROWTH).

IMPORTANT NOTE: AT NO TIME DO *RYNcRAFT DSM ELIXIRS* COME INTO DIRECT CONTACT WITH STONES OR CRYSTALS! THIS IS WHY THEY ARE SAFE. DO NOT CONSUME ELIXIRS WHICH HAVE DIRECTLY TOUCHED CRYSTALS OR STONES!

CONTACT RYNBOWYER@GMAIL.COM WITH QUESTIONS OR CONCERNS OR TO REQUEST A **CUSTOM AND/OR ENCHANTED DSM ELIXIR.**

DISCLAIMER: THESE ELIXIRS ARE NOT INTENDED TO REPLACE THE ADVICE OF A MEDICAL PROFESSIONAL. PLEASE CONSULT YOUR DOCTOR FOR MEDICAL ADVICE, AND GO DIRECTLY TO A HOSPITAL FOR URGENT MEDICAL ISSUES.